

**TAMIL NADU BOARD EXAMINATION IN GENERAL NURSING  
AND MIDWIFERY-FIRST YEAR**

(NEW SYLLABUS-3 ¼ YEARS COURSE)

NOV/DEC 2013

**PAPER –III FUNDAMENTALS OF NURSING**

**(INCLUDING FIRST AID AND PERSONAL HYGIENE)**

**TIME-THREE HOURS**

**(MAXIMUM MARKS:75)**

**[NB: ANSWER ALL THE QUESTION]**

**MARKS**

**I. DEFINE THE FOLLOWING:**

**(5 X 1 = 5)**

1. Nursing
2. First Aid
3. Health
4. Blood Pressure
5. Sterilization

**II. FILL IN THE BLANKS WITH SUITABLE WORDS:**

**(5 X 1 = 5)**

1. Hand washing helps to prevent \_\_\_\_\_ infection.
2. Heat regulating centre in the brain is \_\_\_\_\_.
3. Lack of oxygen in the tissues is \_\_\_\_\_.
4. The condition in which the patient can breathe only in the upright position is called \_\_\_\_\_.
5. Attitude or position of the body is termed as \_\_\_\_\_.

**III. MATCH THE FOLLOWING:**

**(5 X 1 = 5)**

- |                               |   |                                    |
|-------------------------------|---|------------------------------------|
| 1. Insomnia                   | - | Loss Of Appetite                   |
| 2. Percussion                 | - | Laboured Breathing                 |
| 3. Anorexia                   | - | A Technique Of Physical Assessment |
| 4. Presence Of Blood In Urine | - | Inability To Sleep                 |
| 5. Dyspnea                    | - | Heamaturia                         |

## IV. CHOOSE THE CORRECT ANSWER:

(5 X 1 = 5)

1. Four tailed bandages is used for

- (a) Eye (b) Jaw (c) Head (d) Elbow

2. Ophthalmoscope is used for examination of

- (a) Head (b) Eye (c) Ear (d) nose

3. Meaning for abbreviation of 'stat' is

- (a) When required (b) At Once (c) Before Meals (d) After Meals

4. Bad breath is other wise known as

- (a) Halitosis (b) Cyanosis (c) parotitis (d) Glossitis

5. The term dysphagia means

- (a) Difficulty in swallow (b) Difficulty in speak (c) Indigestion (d) Regurgitation

## V. WRITE SHORT NOTES ON ANY FIVE OF THE FOLLOWING:

(5 X 5 = 25)

1. Rule of administration of medication.

2. Rules followed while applying bandages.

3. Comfort devices.

4. Urine collection for culture.

5. Decubitis ulcer

6. Factors affecting variation in blood pressure.

## VI. ANSWER ANY THREE OF THE FOLLOWING;

(3 X 10 = 30)

1. (a) List down the common sites of taking temperature.

(b) Write down the nursing measures to reduce fever.

2. Discuss in detail the care of an unconscious patient using nursing process.

3. Explain the various types of enema and its purpose.

4. Write the indications of oxygen therapy and explain the important principles to be followed during oxygen administration.

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